

ALICE MUIR TRAINING

10 Glen Orrin Avenue, Kilmarnock, Scotland KA2 0LR

Tel 07904 492 217

Websites : www.stress-confidence.com www.stresstrain.co.uk

e-mail: stresscourses@lineone.net

Activity Packs

(UK/Eire prices given, add £5 for elsewhere - apply until 30.06.09)

		Price inc. post and pack.(£)
Pack 1	Confidence Building (Part 1)	45.50
Pack 2	Confidence Building (Part 2)	45.50
Pack 3	Assertiveness Know-How	29.50
Pack 4	Cope Better with Anger	35.50
Pack 5	Coping Successfully with stress (Part 1)	45.50
Pack 6	Coping Successfully with stress (Part 2)	45.50

DELIVERY AND ORDERING:

Return attached slip with cheque (made out to 'Alice Muir Training').

We can invoice businesses and organisations.

PLEASE ALLOW 7-21 DAYS FOR DELIVERY IN UK, 14-21 ELSEWHERE.

Send slip to :

Alice Muir Training,
10 Glen Orrin Avenue, Kilmarnock,
Ayrshire, Scotland, UK KA2 0LR

*CURRENT DISCOUNTED RATES for bulk orders of Packs

3 -5 packs – 5% reduction	11-20 packs - 10% reduction
6-10 packs - 7% reduction	21 + packs - 15% reduction

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Name.....Tel No.

Address

.....Post Code.....

Please send me copies of Pack COST

..... copies of Pack COST.....

..... copies of Pack COST.....

..... copies of Pack COST.....

TOTAL

I enclose a cheque for * £

Please invoice the following*:

.....

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* complete as appropriate

Authorising SignatureDate
